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Crime down 2.6% in '09: Ottawa police

REPORT Overall crime in Ottawa fell by 2.6 per cent in 2009, according to an annual report by the Ottawa Police Services.

The review, released today, confirms the fourth straight year of an overall crime decrease in the nation's capital. It reveals that the number of police officers in the city reached 1,356 in 2009, a four per cent increase from 2008. The police budget has also increased, growing by six per cent in 2009 to more than \$230 million.

According to Chief Vern White, the report represents the service's commitment to remain accountable and transparent.

Preliminary performance figures and statistics on public calls for service, crime and traffic stats, and a breakdown of the cost of policing the area are also in the report. **MIRANDA MINASSIAN**

/FOR METRO OTTAWA

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SCAN LIFE

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Station switch:
What's the big rush?

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Afghanistan A surprise guest



U.S. President Barack Obama rallies troops at Bagram Air Base in Afghanistan yesterday. Obama made an unannounced trip to the base, located near the front lines of the eight-year-old war. Story, page 7.

Canada paying \$100M to guide Haiti rebuild

AID Canada is preparing to pay \$100 million to join an exclusive international club that would guide the rebuilding of earthquake-ravaged Haiti, The Canadian Press has learned.

That's the price tag for a seat on the proposed Interim Haitian Recovery Commission that is expected to be one of the key announcements to be made this week at the New York international donors' conference on Haiti.

"Canada has been a major partner and a major

\$11.5B

Haiti's government estimates it will ultimately cost \$11.5 billion to rebuild from the Jan. 12 quake that killed more than 200,000.

donor to Haiti in the past years, so we will be there," said a senior government official. "Not sure of the structure, but Canada will play a major role."

The commission will include representatives from

more than a dozen donor countries, the Haitian government, the Organization of American States, the 15-country Caribbean bloc known as CARICOM, NGOs and international institutions.

Its creation is one of two major announcements expected from Wednesday's Haiti summit in New York. The other is the creation of a trust fund for Haiti's long-term reconstruction that would operate in concert with the commission.

THE CANADIAN PRESS

Ottawa's got heart

Research telethon raises \$5.6M

TRACEY TONG
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About two years ago, researchers at the University of Ottawa Heart Institute discovered a gene that might predispose a person to heart disease.

Now, researchers at the cardiovascular genetics centre — the only one in Canada and one of a few in the world — may be on the verge of announcing another 10 or 12 genes, said Barry Stanton, director of development at the University of Ottawa Heart Institute Foundation.

Important research like this is not uncommon at the institute. And yesterday, the University of Ottawa Heart Institute Telethon — the institute's biggest fundraiser of the year — raised \$5,678,959 for research, surpassing its \$5.4-million goal and the \$5.1 million raised in 2009.

"Having a great research program allows us to attract the best people in the field and also to retain them," Stanton said. "It also gives us treatments and drugs years before you

might get it if you weren't involved in research. There are about 117 clinical studies ongoing at the institute, so we'll get medications, treatments and procedures long before other places."

In addition to providing care for patients in 56 hospitals in the area and in Nunavut and northern Ontario, the heart institute is a teaching hospital.

"Once you get the research going, then you can apply for grants," Stanton said. "Usually, they do not provide money for startup operations, which is why it is really important for the community to donate money to us, to help that research get off the ground."

Ottawa-area resident Denis Richardson is living proof of the importance of heart research. More than 17 years ago, Richardson, a teacher, was playing badminton with a student when he suffered a massive heart attack. Doctors told him he needed six bypasses. When the bypasses didn't work, he got a heart transplant.

"Every one of those 6,440 days has been an absolute bonus," he said.



University of Ottawa Heart Institute Telethon volunteers Carree McCullough, front, and Taylor Schachnow work the phones yesterday at the Brookstreet Hotel.

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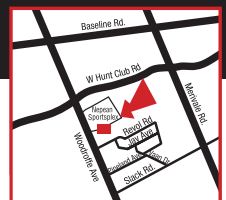
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Local



Ten left homeless after weekend blaze

A six-unit house in the Glebe has been reduced to rubble after it caught fire early Saturday morning, leaving 10 people homeless. The fire broke out near the balcony of the three-storey brick building at 5 Monk St. and extended to the roof at around 7 a.m. There were no injuries, but the fire caused an estimated \$1 million in damage. The cause is still under investigation. METRO OTTAWA

Goods set for Haiti orphanage

Family, volunteers gather supplies for adopted girl's homeland

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

Four-year-old Sylvie Woodjina arrived in Canada two years ago. She was an orphan from Haiti, adopted by Alice Hutton.

After the island nation was devastated by an earthquake earlier this year, Hutton started collecting supplies to send back to her daughter's orphanage, God's Littlest Angels, which is located just north of Port-au-Prince.

"It was hard. She heard

about Haiti in the news and all it was, was people dying," said Hutton. "This is a way of showing that people are rebuilding their lives and we can help them by giving them tangible things."

Since Jan 12, Hutton and her family have been working with the orphanage to co-ordinate the collection of donated goods like tarps, bedding, blankets, building supplies, clothing, shoes, medical supplies and diapers.

Yesterday, Alice, Sylvie and a team of volunteers from A.Y. Jackson High



Sylvie Woodjina, left, and Alice Hutton load boxes of donated supplies bound for Haiti.

School and as far away as Belleville helped organize donations and pack them onto skids at the Canpar warehouse in southeast Ottawa.

Canpar donated the storage space and picked up donations at various drop off sites that were set up across the city, said Ray Derouche, the terminal manager for Canpar.

The goods will be shipped to Toronto to be loaded into a shipping container and taken to Haiti, where it will be distributed by the orphanage.

"So far, they've been distributing to rural communities that haven't received as much support since the earthquake, but had a lot of devastation," said Hutton.

Women doing it themselves in home repair

SHOW A married homeowner for 20 years, Lori Mitchell was struggling with home renovation projects when she learned about Tomboy Tools — a tool and DIY company that creates a full line of power tools, hand tools and specialty tools ergonomically designed to be female friendly — eight years ago.

That's when the proverbial light bulb went off in her head.

Single women are the fastest-growing segment of homebuyers, Mitchell said yesterday.

"Back in the old days, you waited until you got married to buy a house and now, that's all out the window," said Mitchell, now the president and CEO of Tomboy Tools Canada. "Most women will be on their own at some point in their life. They're inspired by all the programs and the magazines and they want to install that floating shelf in the bedroom but they're not sure how," she added. "You don't have to sign up for a class to do that."



Ottawa's Cheryl Bush, left, and Lori Mitchell, of Tomboy Tools Canada, showed what girls are made of at the popular booth at the Ottawa Home and Garden Show yesterday. Mitchell, the president of the female-focused DIY company, also gave a presentation called Tool School 101 at Lansdowne Park.

Over 30,000 people — women and men — came out to the 30th annual Ottawa Home and Garden Show at Lansdowne Park over the weekend, said show manager Nancy Carrier yesterday.

"We give ideas to people

as to how they can adapt their own space," Carrier said.

Attendance was up from last year, when people were worried about economic recession. Now that the economy is recovering, people are beginning to spend, Carrier said.

"When you're worrying about a recession, you're not planning to move," she said. "You're going to wait and maybe upgrade the house you're in instead of changing the house."

TRACEY TONG/METRO OTTAWA

City's energy use drops 6 per cent during Saturday's Earth Hour



More than 100 people gathered on Parliament Hill Saturday night to mark Earth Hour. More photos at metronews.ca/local

CLIMATE Ottawans dropped their energy usage six per cent during Earth Hour Saturday night.

Between 8:30 and 9:30 p.m., Ottawa residents marked a six per cent decrease in energy consumption as compared to the same time period the week before.

This year marked the city's third in the global

campaign, which had participants in 88 countries shut off all non-essential lighting for an hour.

"Earth Hour 2010 was a global call to stand up, show leadership and demonstrate how a simple act conducted on a collective basis can make a difference," said Mayor Larry O'Brien.

TRACEY TONG/METRO OTTAWA

Councillor wants freeze on city's non-union wages

ECONOMY A local councillor hopes to emulate the provincial and federal public service spending freezes in Ottawa.

College Ward Coun. Rick Chiarelli is hoping to bring a motion to city council in April that would immediately freeze politicians' and non-union city employees' pay for the next two years.

Following the provincial budget last Thursday, Chiarelli sent out a notice to other city councillors stating that the motion would "enable [council] to demonstrate leadership in cushioning taxpayers at this time."

The motion was quickly applauded by the conservative Ottawa Taxpayers Advocacy Group, calling it likely the most important motion this council will address.

However, Bay Ward Coun. Alex Cullen dismissed the idea, stating that since the city is not facing a deficit, there is no reason to freeze non-union wages.

"Freezing non-union wages will hurt those earning low-income wages the most — the wrong target, in my view," he wrote.

TIM WIECLAWSKI/METRO OTTAWA



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News in brief

FALL A man fractured his leg after falling five metres at a commercial building in Gloucester Friday.

ROBBERY Police have a 36-year-old man in custody after a Carling Avenue pharmacy was robbed Friday. METRO OTTAWA

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What's online today.

Video Recent news that General Motors was recalling more than 700 laid-off workers in Oshawa was met with cautious optimism at metronews.ca/canada

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Cape Breton may become a Canadian version of Florida's historic Cape Canaveral where astronauts and rockets have been launched into outer space for decades. The Canadian Space Agency is looking at the Nova Scotia island as one of two possible sites to blast small satellites into orbit using an indigenous rocket launch system. **THE CANADIAN PRESS**

Space agency eyes Cape Breton site

Canada



Diplomat hits out at foreign policy

A Canadian diplomat is blasting Canada's foreign policy, calling on the government to pull out of Afghanistan and focus on Africa instead. Robert Fowler, a special United Nations envoy to Niger, says the money invested in Afghanistan would go much further in Africa, where instability also poses a security threat to the West. Fowler says Canada's foreign policy has been hijacked by domestic political concerns, especially in its support for Israel.

THE CANADIAN PRESS

News in brief

CORRUPTION A federal agency that's supposed to ensure government hiring is fair and transparent is being accused of cooking four employment contracts. The Public Service Commission of Canada issued four sole-source contracts last fall after allowing the favoured candidates to vet their own job descriptions beforehand, says a public watchdog group. And that amounts to stacking the deck so that any other potential candidates don't stand a chance, charges Canadians for Accountability.

POLITICS A non-governmental aid group is concerned the federal government has shifted its international development policy to favour potential trading partners instead of those most that are the poorest. James Hagg, national advocacy director for Engineers Without Borders, said the new policy doesn't line up with the law.

THE CANADIAN PRESS

Montreal Riding a digital wave



Liberal Leader Michael Ignatieff delivers his closing address at the Canada 150 conference in Montreal, yesterday. While the Liberals are using their policy renewal conference to kick the tires of ideas they hope to ride into office, the party is almost more excited about the social networking technology they took for a test run this weekend.

GRAHAM HUGHES/THE CANADIAN PRESS

Ottawa plans major refugee system overhaul

Those from countries deemed dangerous to be fast-tracked

The federal government is ready to push forward with plans to shake up Canada's refugee system, aiming to quickly weed out posers and more efficiently accept people fleeing dangerous situations.

Immigration Minister Jason Kenney is expected to table controversial legislation as early as this week, or at the latest, by the end of April.

"To remove the years of uncertainty often faced by refugees in genuine need, while closing off avenues for those simply seeking a back door into the country, our government will propose comprehensive reforms to the refugee sys-

Backlog up

Despite controversial measures introduced two years ago to speed up Canada's immigration process, a backlog of skilled immigrant applications appears to be re-emerging, critics say. According to an analysis of Citizenship and Im-

migration Canada's latest data, the average processing time from all visa posts is seven-and-a-half years, with 600,000 people in the queue for 80,055 skilled immigrant visas granted in 2010.

TORSTAR NEWS SERVICE

tem," the Conservatives promised in the Speech from the Throne earlier this month. The legislation would divide refugees into two categories — those from safe countries of origin, and those from more dangerous locations, who would be fast-tracked.

THE CANADIAN PRESS



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Medvedev eliminates two Russian time zones

Russian President Dmitry Medvedev thought the country had too much time on its hands, so yesterday he eliminated two of its 11 time zones. The changes mean that Chukotka – Russia's eastern extreme, just across the Bering Strait from Alaska – is now nine hours ahead of Russia's westernmost area. Formerly, there was 10 hours' difference. **THE ASSOCIATED PRESS**

7

World



NYC to search rubble again

New York City officials are planning to search through material excavated from around the World Trade Center site for any remains of Sept. 11 victims. The three-month endeavour is scheduled to start Friday at the Fresh Kills landfill on Staten Island. The material being searched was taken from the area around ground zero in the last two years. **THE ASSOCIATED PRESS**

London Calls for Pope to step down



Protesters demonstrate outside Westminster Cathedral in London yesterday, calling for Pope Benedict XVI's resignation and accusing him of covering up child sex abuse by Catholic clergy in the past. Revelations of the abuse of children by priests at Catholic institutions have swept across Europe, including in the pope's native Germany.

Swiss casino hit by a straight-out-of-Hollywood heist

SWITZERLAND An armed gang of masked men raided a casino packed with about 600 guests yesterday and made off with hundreds of thousands of dollars, according to Swiss prosecutors.

In a statement, prosecutors in Basel described a scene like an action-film heist: About 10 men dressed in black arrived in two cars at the Grand Casino near Basel shortly after 4 a.m.

One smashed the front door with a sledgehammer, and the others ran inside with machine-guns and pistols, the statement said.

Speaking French, a group of men ordered the guests and employees to the floor, while their accomplices emptied registers in the basement and an upper floor, it said. They couldn't get into the strong room, despite shooting at the locked door, prosecutors said. "The criminals fired a number of shots, but luckily no one was hit," said the statement.

Swiss police said the men fled the casino quickly, driving away in two silver Audis with French licence plates.

A woman who accidentally drove between the two

getaway cars and blocked the casino's exit was pulled from her vehicle and beaten, police said. They said it was possible that the men fired a shot at another car during their high-speed escape. **THE ASSOCIATED PRESS**

THE ASSOCIATED PRESS



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News in brief

AFGHANISTAN Under elaborate secrecy, U.S. President Barack Obama slipped into

Afghanistan yesterday near the front lines of the bloody eight-year-old war he is expanding

and affirmed America's commitment to destroying al-Qaida. **THE ASSOCIATED PRESS**

North Korea not likely involved in sinking

Weeping, angry relatives of 46 crew members missing after a mysterious explosion sank a South Korean navy ship sailed around the site yesterday while others criticized the government for lack of results as rescue teams struggled to search for survivors.

No one has been found since an initial rescue of 58 sailors from the 1,200-ton Cheonan that sank early Saturday near the tense border with North Korea. No bodies have been discovered either. Still, President Lee Myung-bak refused to give up hope.

The ship had been on a routine patrol with other

vessels in the Yellow Sea off South Korea's western coast. The exact cause of the explosion — one of South Korea's worst naval disasters — remained unclear and officials said it could take weeks to determine. Fierce waves and high winds have hampered the search in an area where the two Koreas have fought three bloody naval engagements since 1999. Despite the location of the sinking, North Korea did not appear to be involved.

"We have detected 'no special movements' by North Korean forces; however, we, as a command, continue to monitor the situation and remain prepared for any contingency," Gen.

Walter Sharp, chief of the 28,500 U.S. troops in South Korea, said in a statement yesterday.

At a naval base in Pyeongtaek, near Seoul, where other family members awaited news, wails of worry and anguish turned into shouts and screams from relatives demanding answers and results as Defence Minister Kim Tae-young and ruling party chief Chung Mong-joon visited to console them.

"My son said he would defend the nation, but instead he ended up like this!" one unidentified woman shouted, crying out and holding a framed photo of her son.

THE ASSOCIATED PRESS

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Comment

Bus station shuffle: What's the rush?

InTransit

Steve Collins

metronews.ca/intransit

Mayor Larry O'Brien's proposal to move Ottawa's Greyhound bus depot out of the downtown core and combine it

with the Via station seems to have come practically out of nowhere, and with a sense of haste that makes the prospect of meaningful public input uncertain.

"I think we now have all the players warm to the idea. It's time for the public to have a say on that as well," O'Brien said last week, while at the same time holding out the possibility the move could be a done deal within months.

The mayor has reportedly been talking to Via and

Greyhound for months, so it's nice of him to finally let us non-players in on this possible reorganization of our intercity transit system.

There are good things about the plan, sure. Via says the combined setup has worked well in Vancouver and Quebec City, and the advantages of being able to make bus and train connections in one place are easy enough to see.

Walking to your bus, however, will become trickier. The train station itself

was also once located downtown, allowing passengers to disembark across from the Chateau Laurier and within sight of Parliament Hill, before its relocation in the '60s to its current home in a traffic-congested, pedestrian-repellent industrial park.

O'Brien's vision aside, a transportation hub it ain't, but at least it sits on the Transitway, and should our current light rail plan ever come to fruition, it might become one. Of course, at

the rate that particular project is unfolding, and given the uncertain state of its funding, there seems to be little urgency to relocate the bus station anytime soon.

Somerset Coun. Diane Holmes is among those who would like to see better transit links in place before subjecting this area to even more congestion as taxis rush two sets of passengers to the same spot.

The plan also seems at odds with the city's big

plans for Lansdowne Park. Already poorly served by OC Transpo, Lansdowne is at least within walking distance of the current Greyhound station and, hence, convenient for out-of-towners to take in a game or a concert. Why, at this juncture, would we want to cancel one of Lansdowne's existing advantages?

And what's the big hurry, period?

Steve Collins lives, writes and walks in Ottawa; ottawalatters@metronews.ca

Views

Soul searching and dreaming of Snickers

HineSight

Anne Hines

metronews.ca/hinesight

Spring is here. Flowers bloom. Robins sing. Buds ... well, bud. It's the time of year when all of nature rejoices. And I, of course, am miserable.

Forty days, six hours and 20 minutes ago, I gave up chocolate for Lent. Lent is a Christian observance based

on the Bible account of Jesus being driven into the desert for several weeks. For me, the story has always been vaguely reminiscent of the summer I spent at overnight camp. It's traditional, from mid-February to Easter, for Christians to enter into some kind of self-inflicted suffering. So, since I no longer date, I remember Jesus' soul-testing struggle by going six weeks without a Snickers bar.

Generally, I like the concept of self-denial. As long as it doesn't mean I have to give anything up. But most religions seem to insist that

a little suffering of the body is good for the soul. For instance, in ancient times a group called Essenes proclaimed that the pathway to true joy was to exist with no sex, no decent food and nothing whatsoever that might make life the least bit comfortable. Incredibly, this movement did not catch on.

An advantage of giving up chocolate for Lent is that not only do I suffer, everyone around me suffers, too. One year I told my partner Liz I was going to observe Lent by giving up coffee. She said she'd observe it by giving up living with me.

So, is this little suffering bringing me spiritual renewal and awareness? Truthfully, the only thing I've become aware of so far is that I'm in serious danger of rolling the next person who stands near me while holding a Kit Kat.

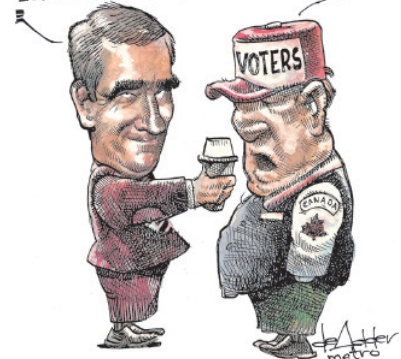
Outside, Mother Nature is lavishing us with the indulgent pleasures of spring. Denying us nothing.

While I, being only human, wait for Easter. And dream of Snickers bars.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

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Living a green lifestyle can be hard when you are travelling. For hotels that practice green methods check out greenhotels.com. METRO NEWS SERVICES

Going Green

EDITOR: BEN.RYCROFT@METRONEWS.CA



Kick the habit

Kick the Fossil Fuel Habit deals with 10 clean technologies that can save our world today. It explores solar, wind, geothermal, biofuels, hydropower, ocean, smart buildings, transportation, efficiency and conservation and the energy Internet. METRO NEWS SERVICES

Skating sweetheart telling kids to think green

Chouinard challenges Canadian students to help their schools by looking for eco-friendly solutions

BEN KNIGHT
for Metro Canada

Following Canada's tremendous, inspiring success at the recent winter Olympic games in Vancouver, one of the most popular Canadian Olympians of the past 20 years is looking to a greener future.

Josee Chouinard — three-time Canadian champion figure skater, and Olympic athlete in 1992 and '94 — is spearheading a contest to find Canada's

greenest school.

"My children started school this year — I've got five-year-old twins," Chouinard told Metro recently.

"As a mom, it's very, very hard to send not only my first child to school, but my last child as well! I felt really, really guilty that they had to take the bus."

But school buses, it turns out, are a much greener option than taking kids to school in private cars. IC Bus, the largest integrated manufacturer of school buses in North America,



The top prize in the Greenest School contest is a \$200,000 hybrid school bus.

launched the Canada's Greenest School contest last month.

One of their new hybrid

buses — a \$200,000 value — is the top prize.

"I think it is a great thing to encourage the

young generation," the 42-year-old Montreal-born Chouinard says. "By having students doing submis-



"As a mom, it's very, very hard to send not only my first child to school, but my last child as well. I felt really, really guilty that they had to take the bus."

Josee Chouinard

sions and entering the contest, and showing how their schools are committed to going green, it teaches each student the value of green living. They can also show their dedication to green transportation and how it can embody the spirit of a greener planet."

Students are encouraged to make eco-friendly suggestions for making their schools greener.

The winner gets \$3,000 toward their future education.

The winner's classroom gets free school supplies for a year and — of course — there's a brand new green bus for the winning school.

"This week, for example, is a school week of lunch with no garbage," says Chouinard.

"It's good to get the message to the kids, and change your lifestyle through your kids. This is a perfect fit for me, and because Vancouver had the goal to be the greenest Olympics ever, everything ties in."

It's now 16 years since Josee Chouinard graced Olympic ice.

She is both surprised and delighted at how many people remember her Olympic career.

"Let's face it, it has been a while," she smiles. "But being involved in charity and good causes keeps me close to the people. There's so many ideas we can get from the creativity of the students in this contest. As adults, we can learn from them, and encourage them to be even more creative."

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VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa

Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is initially 8 weeks with possible continuation of up to 16 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-70 years of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.



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	YES	NO
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I am having difficulty sleeping	<input type="checkbox"/>	<input type="checkbox"/>
I am feeling low in energy and slowed down	<input type="checkbox"/>	<input type="checkbox"/>
My appetite has changed	<input type="checkbox"/>	<input type="checkbox"/>
I am experiencing feelings of guilt	<input type="checkbox"/>	<input type="checkbox"/>
I have lost interest in work and pleasurable activities	<input type="checkbox"/>	<input type="checkbox"/>
I feel hopeless about the future	<input type="checkbox"/>	<input type="checkbox"/>
I feel tense and anxious	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficulty making decisions	<input type="checkbox"/>	<input type="checkbox"/>
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All information is kept in strictest confidence.
Research programs are reviewed by an ethics review board.

01-27-10

CanWest's big bonuses get green light

CanWest Global Communications Corp. won approval to pay as much as \$2.7 million more in bonuses to employees deemed critical to its restructuring. **METRO NEWS SERVICES**

11

Business

EDITOR: FERMIN.DESOUZA@METRONWS.CA

Johannesburg We can share



Children from an orphanage tuck into part of a giant Easter egg at a Johannesburg shopping centre, over the weekend. The chocolate was part of a giant Easter bunny, almost four metres tall and made from more than three tonnes of chocolate, that was distributed to orphanages.

Real estate fight looms

Agents association says industry is competitive

A court challenge by the Competition Bureau accusing the Canadian Real Estate Association of being anti-competitive is "fundamentally misconceived," and should be dismissed, say lawyers for the organization.

"There is vibrant and vigorous competition amongst real estate agents and brokers for the supply of residential real estate brokerage services," CREA lawyer Katherine Kay stated in a 17-page response to allegations by the bureau filed on Friday.

"Canadian consumers have not been denied the benefits of competition." The case is to be heard before the federal Competition Tribunal, which has the power to administer severe administrative or monetary penalties.

Talks have broken down

Choices

•The CREA says many options already exist for consumers in the market, including listing properties for a flat fee, discounted commissions and various fee-for-service arrangements.

between the two sides, as the stage seems set for an ugly battle between organized real estate and the Competition Bureau, which wants lower prices for consumers.

In her response to the tribunal, Kay contends Multiple Listing Service, or MLS, rules do not "have a negative exclusionary effect on realtors seeking to provide discounted real estate brokerage services or limited service offerings."

The MLS, a database of

homes available for sale, is the property of CREA, which has 98,000 members across Canada.

Competition Bureau Commissioner Melanie Aitken wants the system opened up to more competition.

One problem, Aitken says, is that consumers are currently forced to buy a bundle of services when they list their properties, instead of paying for only what they need.

But CREA says in its statement that competition already exists in the market and consumers have choice.

"It is simply untrue that consumers have only one option if they want to sell their house using an MLS system operated by a local real estate board or association," said Kay.

TORSTAR NEWS SERVICE

Alberta takes small step toward geothermal

ENERGY For a province that doesn't hesitate to throw billions of dollars behind energy, \$2.6 million may seem small — but it's a start.

Earlier this month the Alberta Energy Research Institute (AERI), which recently became part of the new provincial research agency Alberta Innovates, approved a \$2.6-million grant for a project that aims to produce geothermal power

from hot water within mature oil wells.

The project is being led by environmental-technology supplier Free Energy International of Vancouver and Calgary-based engineering outfit Borealis GeoPower, which was founded in 2007 by former Shell Canada engineer Daniel Yang. Their aim is to build a power plant at an unnamed but fairly mature oil-and-gas production site

in Swan Hills, Alberta.

TORSTAR NEWS SERVICE



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Pittsburgh is making a strong push to play host to the NHL's next Winter Classic on Jan. 1, matching the league's two signature stars in the Penguins' Sidney Crosby and the Capitals' Alex Ovechkin at Heinz Field. A person with knowledge of the discussions said that Pittsburgh is in a strong position to be chosen as the host. **THE ASSOCIATED PRESS**

Sports



Bronze for Jones

Canada's Jennifer Jones, left, salvaged a bronze medal yesterday at the Ford women's world curling championship with a 9-6 win over Sweden's Cecilia Ostlund. Her Winnipeg team recovered from a 10-4 thrashing by Scotland's Eve Muirhead in the semifinal Saturday night.

THE CANADIAN PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

'It's been a great world championship'

No matter what their competitive future holds, for Tessa Virtue and Scott Moir, this season will be stamped in the history books as the finest ever by a Canadian ice dance duo.

Canada's newly minted ice dance stars wrapped up a brilliant undefeated campaign, Patrick Chan enjoyed some measure of redemption after a disappointing season, and Cynthia Phaneuf carried Canada's flag admirably in the absence of Joannie Rochette at the world figure skating championships.

Now, Skate Canada bosses head home thoroughly pleased with the team's performance in Italy, which capped not just this single season but four years of concerted focus on the Vancouver Olympics.

"It's been a great world championship," said Skate Canada CEO William Thompson. "Obviously to have Tessa and Scott come in and win a gold medal is tremendous. And Patrick to get himself back on the world podium is a big deal."

Virtue, 20, and Moir, 22,

had a fairy tale season — first Olympic gold, then their first world championship title. While the two haven't committed to competing next season, Thompson believes they will.

"I don't think anyone should read into (their waffling) at this stage," Thompson said. "They had a goal, they wanted to finish this season, then they have to sit and evaluate what they want to do next. They like to compete, they like to train, they're still young."

THE CANADIAN PRESS



Ice dance gold medalists Tessa Virtue and Scott Moir perform in the closing gala yesterday at the World Figure Skating Championships in Turin, Italy.

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Calgary 5 Washington 3
Pittsburgh 5 Toronto 4 (SO)
St. Louis 2 Edmonton 1
Columbus 4 Chicago 2
Philadelphia 5 New Jersey 1
San Jose 4 Colorado 3

YESTERDAY'S RESULTS

Buffalo at Boston, 7 p.m.
Carolina at Atlanta, 7 p.m.
Nashville at Florida, 7:30 p.m.
Los Angeles at Minnesota, 9 p.m.
Dallas at Anaheim, 10 p.m.

NBA

YESTERDAY'S RESULTS

Miami 97 Toronto 94
Milwaukee 108 Memphis 103 (OT)
Cleveland 97 Sacramento 90
Atlanta 94 Indiana 84
Chicago 110 Detroit 103
Orlando 103 Denver 97
Phoenix 111 Minnesota 105
Portland 92 Oklahoma City 87
San Antonio 94 Boston 73
Golden State at L.A. Clippers

NCAA

YESTERDAY'S RESULTS

Michigan State 70 Tennessee 69
Duke 78 Baylor 71

SATURDAY, APRIL 3

SEMIFINALS

West Virginia (31-6) vs. Duke (33-5)
Michigan State (28-8) vs. Butler (32-4)



parcsCanada.gc.ca parcsCanada.gc.ca

Projet de création de la réserve de parc national Nááts'ihch'oh

Objectif : Protéger le cours supérieur de la Nahanni Sud, rivière mondialement renommée qui traverse les Territoires du Nord-Ouest.

Nous voulons votre opinion quant aux limites envisagées pour la nouvelle réserve.

Parcs Canada consulte les Canadiens au sujet du projet de création d'une nouvelle réserve de parc national visant à protéger le cours supérieur de la rivière Nahanni Sud. L'établissement de la réserve de parc Nááts'ihch'oh, immédiatement au nord de la réserve de parc national Nahanni nouvellement agrandie, compléterait la protection du bassin hydrographique de la rivière Nahanni Sud.

Nous voulons savoir ce que vous en pensez! C'est l'occasion de contribuer à façonner l'avenir de votre réseau de parcs nationaux — l'héritage du Canada pour les générations futures.

Nous donnerons des cartes et des renseignements au sujet des limites possibles dans le cadre d'une journée portes ouvertes. Venez nous voir!

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Vous ne pouvez participer à la journée portes ouvertes? Écrivez-nous à l'adresse : npn@pc.gc.ca

Vous pouvez vous procurer les cartes, les renseignements au sujet des limites possibles et les fiches de commentaires sur notre site Web (ci-dessus) ou par courriel. **La date limite pour nous faire parvenir vos commentaires est le 30 avril 2010.**



Parcs Canada Parks Canada

Canada



parcsCanada.gc.ca parcsCanada.gc.ca

Proposed Creation of Nááts'ihch'oh National Park Reserve

A proposal to protect the headwaters of the world-famous South Nahanni River, Northwest Territories.

We want your views on possible boundary options!

Parks Canada is consulting Canadians on a proposed new national park reserve to protect the headwaters of the South Nahanni River. Sharing a boundary with the newly expanded Nahanni National Park Reserve, Nááts'ihch'oh, if established, will complete the protection of the South Nahanni River watershed.

We need to know what you think! This is your opportunity to guide the future of your national park system — Canada's legacy to future generations.

Maps and boundary option information will be available at a public open house. Come and join us!

Ottawa

Wednesday, March 31, 2010

3:30pm to 8:30pm

Presentations at 4:30 pm and 6:30 pm

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For more information, please call (867) 766-8460.

Can't attend an open house? Email us at: npn@pc.gc.ca

Maps, boundary option information and comment forms available on our website (above) or by email. **Deadline for comments: April 30th, 2010**



Parks Canada Parks Canada

Canada

uCalgary appoints engineering dean as president

Yesterday the University of Calgary's board of governors endorsed Dr. Elizabeth Cannon, the current dean of the institution's Schulich School of Engineering, as the university's next president, effective July 1. **METRO NEWS SERVICES**

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Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Project Hero controversy at uRegina

Sixteen University of Regina professors have written to the school's president outlining their concerns over the university joining Project Hero, a free scholarship program for children of fallen Canadian Forces personnel. They state the program glorifies military action, and they don't want their university to take part in it. One political science professor says the program's name celebrates military intervention abroad adding, "We think this is a glorification of the Afghan effort." **METRO NEWS SERVICES**

Many diamonds in the rough



OddJobs

Diane Peters

Metronews.ca/oddjobs

If you make a mistake at work, your boss will probably be very annoyed with you. If Jeannine Pilon makes an error, it's instantly worth thousands of dollars.

Pilon, now 38, was born in Sudbury and started her professional life doing hospice work — caring for people who were dying.

Then she moved up to Yellowknife with her then-husband, had a baby and decided she wanted to do something a more positive and creative.

She heard about a diamond-cutting course when she attended a trade show.

Pilon had always been artistic: She drew, sewed and had painted a huge mural on her son's bedroom wall.

Pilon did well right away. Staff from Arslanian Cutting Works came in weekly



Cutting diamonds can actually be dirty work, says Jeannine Pilon.

to look over the students' work, and liked Pilon's so much she was hired before completing the four-month course.

Once on the job, Pilon began a three-year apprenticeship under a master cutter, then wrote an exam to be fully certified.

She only works on diamonds that have already been through several stages and tradespeople, including a marker who marks where a stone will be cleaved into two (as most rough diamonds yield two stones), a sawer who cuts it

and a bruter who creates the round shape of the stone.

"My job is to make it as pure and clear as possible," says Pilon. Using her wheel — which looks like a turntable — and holding the diamond in a tool called a tang that can be adjusted to get the angles perfect, she "blocks" the stone by creating eight facets on the top and eight on the bottom of the diamond. She constantly looks at the stone through a jewellers magnifying glass.

Pilon then moves on to

brillianting, which involves cutting 57 tiny, perfect facets.

Each diamond takes between 15 and 45 minutes to complete, but Pilon will often spend half the day blocking and another half brillianting.

The work is tedious and dirty: Pilon is covered with carbon at the end of the day and showers as soon as she gets home. It's also stressful.

Overcutting lowers the value of the diamond, and making too many mistakes can mean you'll soon be

The Lowdown

Job title: Diamond cutter

Salary: \$100,000 plus

Education/training: Three-year apprenticeship and passing an exam

Best Part of the Job: "Taking something that's possibly 3.2 billion years old and possibly creating a masterpiece for someone to pass down for generations."

Worst Part of the Job: "Having to give them away."

working on less valuable stones.

Because of the recession, Pilon was laid off last summer.

Since then, she's been doing freelance work, including demonstrating the cutting process to the public in Yellowknife and at the Vancouver Olympics.

It's a cleaner version of her old job, and one where she can wear some of her own diamonds. She has eight stones, but never wears them all at once. "I'm not dripping with them."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

Workology in brief

CFI PRACTICES DEEMED

"WORLD'S BEST" The Canada Foundation for Innovation is the most successful research funding organization of its kind worldwide, according to a new international review panel report. The panel observes that for over a decade, the CFI has been a key player in rebuilding the country's status as a destination of choice for research talent and collaboration. The report states the CFI's foundation model gives it the autonomy and flexibility needed to promote ex-

cellence through rigorous funding competitions.

MCMASTER GETS \$1 MILLION

McMaster University's part-time student association announced last week a \$1 million gift as a tribute to outgoing president Peter George, who retires on June 30 after 15 years as the head of the school. The donation will help fund a new liberal arts building, which has been a priority for George. The new facility will provide space for current and new undergraduate, graduate, and research

programs in social sciences and humanities.

EDUCATION PRIORITY IN NS

In its throne speech last week, the Nova Scotia government announced a four-year vision to make life better for families while working to improve the province's finances. Noting that "students are a cornerstone of the strategy to grow the economy," the government plans to invest another \$2 million in the Nova Scotia Community College to make room for 250 more students. **METRO NEWS SERVICES**

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REGISTER TODAY!

At its annual general meeting last weekend, the Atlantic Football League welcomed new football clubs at Dalhousie University and Holland College into its franchise. The Holland College Hurricanes and Dal Bengals are expected to join the league this fall. **METRO NEWS SERVICES**

The most important impression

The first way you depict yourself to your future boss will continually affect you: Expert

KEITH CARMAN
for Metro Canada



"You never get a second chance to make a first impression."

Allegedly lifted from author Oscar Wilde, that statement has sold more

goods and services than intended when initially hypothesized. Still, it continually rings true, most notably when selling the most important good: Ourselves when securing, maintaining or improving employment.

Unfortunately though,

"Psychologically, bosses will prefer and be more open to future interaction with those who made positive first impressions." Adrian Caravello

as Adrian Caravello, academic co-ordinator for George Brown College's Food and Beverage/Hospitality and Tourism course notes, few of us realize that even with great interview skills, "first impressions" continue to be vital well after acquiring a position.

After striving to promote ourselves positively to potential employers, people tend to fall back on questionable, even lazy interaction tendencies once the job is theirs: Poor eye contact, weak handshakes, unclear speech, a lack of a genuine smile and improper grooming.

However, while we rarely consider it, moving up the corporate ladder — let alone maintaining our vocation — relies on essential skills such as strong eye contact, confidence and proper body language. These communicative aptitudes are equally key later in our career, not just during that initial screening process.

"When I hire someone, I envision that individual greeting my most 'sophisticated' and quirky guests,"

Caravello advises as an employer experienced in screening potential staff. "I play out a scenario to evaluate if they could make a positive impression on them. Moving up the corporate ladder usually means you have to make positive impressions with your colleagues, bosses and clientele, therefore the ability to make positive first impressions must be sustained."

Caravello also reveals that maintenance or alteration of a first impression can be harder than we imagine. Within three seconds of an introduction, many employers have assumed a staff member's future potential with their organization, an opinion supported or refuted by our future actions. As part of the human condition, conclusive assumptions based on first impressions set the pace for our ability to succeed.

"An employer evaluates to see if you fit into their vision ... Psychologically, bosses will prefer and be more open to future interaction with those who made positive first impres-



This is where it all starts with your job, the first impression.

sions.

"If a negative first impression is portrayed, (the) employer will automatically be more critical and usually evaluate less objectively with future interactions.

The individual who portrayed a negative first impression has to work harder to turn the situation around and often that individual won't succeed, no matter what."



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Les Camps d'exploration de carrières de La Cité collégiale pour les jeunes de 11 à 15 ans

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- Animation 3D (débutant et intermédiaire)
- Esthétique, coiffure et maquillage
- Arts culinaires
- Services policiers, services d'incendie et soins paramédicaux (911)
- Environnement
- Architecture et génie civil

Notre 2^e édition des Camps d'exploration de carrières aura lieu durant les deux premières semaines de juillet, soit la **semaine du 5 juillet et la semaine du 12 juillet**, de 9h à 15h. Chaque camp, **au coût de 125 \$**, est d'une durée de 5 jours. L'inscription pour les camps débutera le 22 mars et se terminera le 28 mai.

Pour plus d'information, communiquez avec Jocelyne Agnew
campscarrieres@lacityec.on.ca | 613 742-2483, poste 2891



Saskatchewan to reinstate funding for FNUC

The Saskatchewan government will restore funding to the First Nations University of Canada after a working group reached an agreement last week on the process for the reorganization and future operation of FNUC over the next four years. **METRO NEWS SERVICES**

Follow your dream, responsibly

No short cut to success, you always have to work hard, author says

RAFAEL BRUSILOV
for Metro Canada



If you feel stuck in a job that frustrates more than satisfies, it might be time to find a career you can truly love.

Most people harbour dreams of pursuing their ideal career but circumstances often force them to pursue other kinds of work, yet the dream doesn't have to wither away if you are determined and ready to work hard.

Chantel Simmons, a former beauty editor at Elle Canada who now works as a consumer trends tracker and best-selling author, says before trying to jump out of a job you hate, you need to have a clear sense of what job you'd actually love.

"You need to allow yourself to think about what you love to do. What do you think you would be able to do every day and not get sick of?" she said.

Simmons herself left her former career to pursue her lifelong passion of being an author and has found success and happiness finally doing something she always wanted to do.

She says ultimately, regardless of what kind of work you do, there's no shortcut to success. You

still need to put time and effort into your career, it just becomes easier and more satisfying when you do something you love.

"To succeed you have to do a lot of hard work, no matter what you're doing. If you love what you do, then the hard work pays off," Simmons said.

First off, be sensible and

keep your day job — you don't want to dive head first into the deep end until you know you can swim well enough on your own.

"Some people are able to just quit their job and follow their passion but most people are not able to make that leap. The best thing you can do is take small, small steps. Keep your job

while you pursue your passion on the weekends and start out of your kitchen or apartment," Simmons said.

While you might love painting or building furniture to unwind in your spare time, things can change very quickly when you're forced to do something on a daily basis under pressure. The activity you

truly love might quickly turn sour once you start to do it for money so test the waters out first.

"There's a difference between a hobby and a career — you may not love it once it's a full-time job. Go ahead and try your passion on the side and see if it's viable as a job," Simmons said.



While you might love, say, building furniture in your spare time, things can change very quickly when you start doing it for money. Keep this in mind when following your dream.

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The eighth and current season of 24 will be the show's last. Fox is ending the popular drama's run this May. "While the end of the series is bittersweet, we always wanted 24 to finish on a high note," star Kiefer Sutherland said in a statement. **POPEATER.COM**

Entertainment

EDITOR: DEAN.LISK@METRONews.CA

The kids are all right

Lautner, Cyrus win blimp trophies, avoid slime at Kids' Choice Awards

Team Jacob was triumphant at the Kids' Choice Awards.

Twilight star Taylor Lautner picked up two orange, blimp-shaped trophies at Saturday's 23rd annual shenanigan-packed Nickelodeon spectacle inside UCLA's Pauley Pavilion. Lautner snared the favourite actor honour for his New Moon role as hunky werewolf Jacob Black as well as the inaugural cutest couple award with his Twilight co-star Kristin Stewart.

"I have to admit I have always dreamt of winning one of these orange blimps," said Lautner.

The fan-favourite ceremony's host, Paul Blart: Mall Cop actor-comedian Kevin James, kicked off the show by performing a hip-hop dance routine as Adam Sandler serenaded him from above while dressed as an angel and fountains of green slime spontaneously gushed on the first few rows of the audience. James said more



Katy Perry gets slimed at Nickelodeon's Kids' Choice Awards on Saturday.

than 115 million votes were received this year.

Katy Perry, wearing a bright blue wig and skintight flowery dress, was blasted with slime when presenting the

favourite movie actress trophy to Miley Cyrus. The gooeey I Kissed a Girl singer chased the Hannah Montana actress around the stage, but co-presenter Jonah Hill grabbed Perry be-

fore she could embrace the 17-year-old singer-actress with a slimy hug.

"I can't see anything," complained Perry. "Why does it taste like boogers?" Other favourites includ-

"I can't see anything. Why does it taste like boogers?"

Katy Perry

ed Alvin and The Chipmunks: The Squeakquel for movie, Up for animated movie, Jim Carrey for voice from an animated movie for A Christmas Carol, Mario Kart for video game, iCarly for TV show, American Idol for reality show, SpongeBob SquarePants for cartoon, Dylan Sprouse for TV actor and Selena Gomez for TV actress. "I'm the luckiest girl in the whole world," said Gomez.

In the music categories, the winners were Black Eyed Peas for music group, Jay-Z for male singer and Taylor Swift for female singer and song for You Belong With Me. Favourites in the sports categories were two-time Olympic gold medallist volleyball player Misty May Treanor for female athlete and 20-

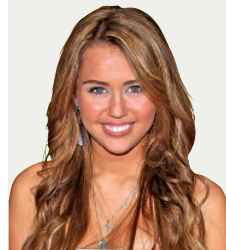
No baby yet

Fans who can't wait to see Beyoncé Knowles and Jay-Z start a family will have to be patient. Despite reports to the contrary, Beyoncé's rep says the singer is not pregnant. **PEOPLE.COM**

Cyrus quits Hannah

Miley Cyrus has quit Hannah Montana, femalefirst.co.uk reports. The 17-year-old star announced yesterday she would be leaving the Disney show to pursue her pop career full-time because she has "grown out" of it. "I'm going to rejoice and be happy to finally not have to be somebody I'm not. Now that I'm older, people can say what they want and I'm like, 'Whatever.'" Her decision follows Cyrus being named Favourite Movie Actress at the Nickelodeon 23rd Annual Kids' Choice Awards.

METRO NEWS SERVICES



year-old skateboarder Ryan Sheckler for male athlete. "This goes right in the trophy case," Sheckler said holding up his blimp.

First lady Michelle Obama won the ceremony's Big Help award for her Let's Move campaign to cut down on childhood obesity. **THE ASSOCIATED PRESS**

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Damon honoured for film, charity work

Matt Damon was honoured at the Beverly Hilton Hotel in Los Angeles on the weekend for his film and philanthropic work. A taped version of the event, Hollywood Salutes Matt Damon: An American Cinematheque Tribute, will air in April on ABC. EW.COM

Twilight Doc doing double duty

Formerly shy Facinelli now a star on big and little screens

Early on in their careers, many actors question whether their dreams to be in show business are realistic goals. For Twilight actor Peter Facinelli, that internal struggle came when he was about eight.

"I was just really shy, and there was one part of my brain saying, 'You should go be an actor' and the other part of my brain going, 'You're really nuts because I can't even stand in the lunch line in school because I'm afraid of people,'" he recalls.

But his artistic side overtook his practical one. He ended up studying theatre at New York University and now not only stars in the white-hot Twilight movie series, but has also won acclaim for his supporting role as Dr. Fitch Cooper on the Showtime cable network's Nurse Jackie.

The dark comedy, which had its second season premiere in the U.S. last week, was the most-watched new series when it debuted last year.

"I'm a fan of the show. I love watching these characters and how they all interact ... and to see how they react off of each other, and how they get along and don't get along," Facinelli said.

Eddie Falco stars as nurse Jackie Peyton, a drug addict who is both unethical on the job and in her marriage. Facinelli's character, a young, Ivy League-educated know-it-all, is somewhat smitten with his co-worker.

"He's kind of like the kid in third grade who has a crush on somebody, but it's not being reciprocated, so he's constantly pulling on her pigtails trying to get a reaction out of her," he said.

Facinelli, who plays the patriarch vampire clan leader Dr. Carlisle Cullen in the Twilight series, returns with the third instalment, Eclipse, out June 30. Facinelli says Eclipse will be more action-based and will feature the Cullens in a different light.

"Usually, they're very buttoned-up and you know, always trying to ap-

pear human and be in control. And in this movie, we have this looming presence throughout the whole movie that's hard to stay in control all the time," he said.

With steady projects on his resume, Facinelli, 36, is capitalizing on his success by writing movies. He's penned the TV-film Mulligan, which will star is wife, former Beverly Hills 90210 actress Jennie Garth.

"I finished writing it and then she read it and said, 'Hey if you ever make this I want to play this.' And I said, 'We'll see. Maybe you'll come in and audition for it.'" Facinelli said with a laugh.

He also wrote and will star in the romantic comedy Loosies, about a pickpocket in New York who has commitment issues and learns from a one-night stand that he's a father-to-be. And he'll star in the biopic Paz, based on the life of boxer Vinny Pazienza.

Facinelli has become a popular face in Hollywood, and he has more than 1.5 million followers on Twitter to prove it.

"Some people get mad because they say, 'You used to respond more,' but I found that my responsibility has shifted. I used to respond more when I had few followers. Now I can't respond to every single thing but I still read them all," he said.

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Actor Peter Facinelli stars as a doctor in both the Twilight movie franchise and the TV show Nurse Jackie.

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Jackson had cream for skin-whitening

SEARCH Detectives found large quantities of general anesthetic and dozens of tubes of skin-whitening creams in Michael Jackson's home after the singer's death, search warrants unsealed Friday show.

Investigators went to Jackson's rented mansion June 29 following a lengthy interview with his personal physician, Dr. Conrad Murray, who told them he had placed a medical bag in a cupboard in a closet.

At the home, detectives found 11 containers of the powerful anesthetic propofol, some of them empty, as well as a range of sedatives and various medical items including a box of blood pressure cuffs, according to the warrants, which were redacted and unsealed after The Associated Press filed a legal motion.

Jackson's June 25 death at age 50 was ruled a homicide caused by an overdose of propofol and other seda-

tives. Murray has pleaded not guilty to involuntary manslaughter. During their search, detectives found 19 tubes of hydroquinone and 18 tubes of Benoquin, both of which are commonly used in the treatment of a skin condition Jackson had called vitiligo. The disease creates patches of depigmented skin, and creams can be used to lighten skin that has retained its colour to give a more even appearance.

"Some people with vitiligo get to the point where there is so much of them that is pale, it makes more sense to remove the bits that are brown," said Dr. David Sawcer, assistant professor of clinical dermatology at the University of Southern California.

Benoquin is derived from hydroquinone. Though the creams can be used at the same time, it is unusual to do so, Sawcer said. The medications typically come in travel-toothpaste-sized tubes and each treatment usually lasts a few months. Side effects include acute sensitivity to the sun.

"In the places they have no pigment, they are exactly like an albino," Sawcer said.

The skin cream was not listed as a factor in Jackson's death nor was it detected in a toxicology report. What killed Jackson, according to the autopsy report, was an overdose of propofol, an anesthetic normally used for surgery.

THE ASSOCIATED PRESS

Handler ramps up the hilarity in new book

Book Review

HUMOUR Chelsea Handler spins a series of gut-busting tales in her latest, completely outrageous, laugh-out-loud book. Chelsea Chelsea Bang Bang offers a bevy of essays as unflattering as they are hilarious.

Fans of Handler, a standup comedienne and host of E! television's Chelsea Lately, are treated to a plunge down the rabbit hole with the follow-up to her best-seller, Are You There, Vodka? It's Me,

Chelsea. Chelsea Chelsea Bang Bang adds new dimension to the definition of dysfunction and it's hard to tell whether her outlandish stories are designed more to amuse herself or her fans.

Handler can bend the truth with greater ease than a pro weight-lifter. She convinced Heather McDonald, a Chelsea Lately staff

writer, that McDonald had been hired to write a comedic screenplay recalling the explosion of the Challenger space shuttle. And she conned her boyfriend into going to a dog's funeral under the guise that she'd killed the canine with seafood. She hits her stride

when discussing family. Her portrayals of her home life are chaotic and likely exaggerated but so much fun to read. While her relationship with her siblings is tumultuous, it's also loving and fun, garnished with a little absurdity.

The book's strength lies in the passages about family. The Handler siblings share a corn ball sense of humour (and they refer to their father as "Platypus"). It's a different twist on what makes a happy household, but it's an effective one.

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Monday, March 29, 2010

18entertainment

Jon's ex wants a piece of the action
Hailey Glassman is planning on becoming a star like her ex-boyfriend Jon Gosselin, left, popeater.com reports. **METRO NEWS SERVICES**

Celebrity Buzz

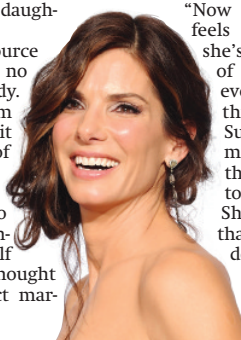
Not so Sunny for Sandra

The actress — whose husband Jesse James allegedly cheated on her with tattoo model Michelle “Bombshell” McGee — has reportedly contacted legal representatives and has been devastated to find James’ infidelity will not affect her chances of get-

A source close to the star added: "Sandra is beside herself with worry. She thought she had the perfect marriage."

"Now she feels that she's at risk of losing everything. Sunny means the world to her. She loves that girl to death."

**METRO
WORLD
NEWS**



Gracing the silver screen?

"I'm so excited The Hills is finally over and I can now become a full-time motion

picture actress," Montag tells People magazine. "I'm now finally free to start my career and my new life as female

"I am making the first 3-D beach comedy about a shark that attacks a small beach town and I save the day with my 3-D boobs," she says. "I've even written a role for Dolly Parton to play the town mayor."

METRO WORLD NEWS



Follow these celebrities on Twitter...

CelebTweets

@ConanOBrien
sklfjslj;v999[aeae0c (my
dog's first tweet)

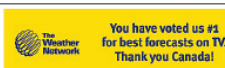
@RedHourBen Met Justin Bieber tonight on Letterman. Told him to hang in there, things will happen for him eventually.

@lindsaylohan okay, this was weird!! i was just watching a recorded 30ROCK & when it finished it went back 2 regular tv & "Georgia Rule" is on! so random! flats

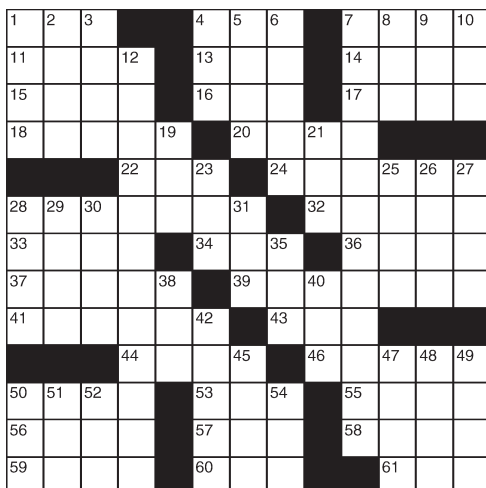
**METRO
NEWS
SERVICES**



	Vu	SC C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
prime time	265	353	2	The Museum	The Museum	The Agenda With Steve Paikin	Midsomer Murders		Lost Kingdoms of Africa (N)	Agenda-Paikin	
	211	331	3	GTV Entertainment	ET Canada	House "Brave Heart"	24 (HDTV PA) (N)		Cold Blood	News Hour	
	-	-	5	SRC Virginie (SC)	Belle-Baie (N)	L'Auberge du chien noir (SC)	Les Boys (SC)	C.A. (N) (SC)	Le Téléjournal Nouvelles (SC)	TJ Ontario	
	209	342	6	CHRO Degraasi: Next etalk	TMZ (N)	Dancing With the Stars (HDTV) (Live)			(10:02) Castle (N)	Comedy Now	
	196	311	7	CTV etalk	Access H.	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang Th	CSI: Miami (HDTV)	CTV News
	208	303	8	NBC Wheel Fortune	Jeopardy! (N)	Keep Your Head Up Kid: The Don Cherry Story (DVS)			CBC News: The National	The Hour	
	-	360	9	CBC Wheel Fortune	Jeopardy! (N)	Chuck (TVA) (N)	Trauma "Targets" (N)		Law & Order "Brazil" (N)	News	
	117	713	10	TVA Rachid	Bloopers TVA	Yasaka (N) (SC)	Toute la verité (N) (SC)		TVA nouvelles	(10:45) Denis Lévesque	
	-	-	11	OCS Big Brother QC	Rire et délire	CSI: NY (N) (SC)	Le Mentaliste (SC)		L'Attaque à 5 (N)	Big Brother QC	
	137	763	12	TFO Panorama		La Dynamique du cerveau	Le Choix des armes ** (1981, Drame policier) Yves Montand.				
news	-	362	13	CBS The Insider (N)	Judge-Brown	How I Met Engagemet	Two/Half Men	Big Bang Th	CSI: Miami (HDTV)		Two/Half Men
	216	395	14	OMN2 Family Guy	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition	Two/Half Men	King	Cold Case	
	214	344	15	CITY Law & Order: Special Victims	Two/Half Men	How I Met	Trauma "Targets" (N)	Chuck (HDTV) (N)	News		
	115	343	16	CFMT Two/Half Men	The Office	Omni News: Italian Edition (N)	Vivere V	Omni News:	Law & Order: Criminal Intent	Metropia	
	218	345	18	CHCH Mickey Blue Eyes ** (1999, Romance-Comedy) Hugh Grant.		The Bachelor * (1999, Comedy-Drama) Chris O'Donnell.			News at 11 (N)		
	-	361	20	ACTION News	Entertainment	Dancing With the Stars (HDTV) (Live)			(10:02) Castle (N)	News	
	512	396	24	CPAC La Période de questions		Heure polit.	L'Heure politique		Revue	Période-quest.	
	651	355	25	CTS Little House on the Prairie		Dr. Quinn, Medicine Woman		100 Huntley Street	Life Today	This Is Day	John Hagee
	-	365	36	FOX TMZ (N)	Seinfeld	House "Brave Heart"		24 (HDTV PA) (N)	FOX 2 News (N)	News	
	-	-	64	PBS Business Rpt.	Wings-Canada	Antiques Roadshow (N)	American Experience The battle of Okinawa. (DVS)				Charlie Rose
sports	205	312	104	CTV etalk	Access H.	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang Th	CSI: Miami (HDTV)	CTV News
	502	390	26	NW The Lang & O'Leary Exchange		Connect with Mark Kelley (N)	CBC News: The National	Addicted to Cooper	360 (Part 1 of 5) (N)	National	
	500	500	33	CNN John King, USA (N)		Campbell Brown (N)	Larry King Live (N)		Anderson Cooper 360		
	406	417	27	net MLB Preseason Baseball Tampa Bay Rays at Boston Red Sox. (HDTV) (Live)					Sportsnet Connected (HDTV)	Prime Time	
	126	730	28	TDI 24 Hours en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National
	400	280	30	RSN NBA Basketball Toronto Raptors at Charlotte Bobcats. (HDTV) (Live)					SportsCentre	That's Hockey!	SportsCentre
	410	403	52	SCR RaceNight				(9:15) WWE Monday Night RAW With Michael Cole and Jerry Lawler.			
	411	457	56	OLN Ghost Hunters		Destination Truth	Oper. Repo	Oper. Repo	Ghost Hunters		Destin. Truth
	417	406	59	CLB NASCAR	NASCAR Hub	Fast Track to Fame (HDTV)	Racing Chef	NASCAR	NASCAR	What's Deal?	Car Crazy
	554	544	48	FEL Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama
family	557	540	51	TEL Suite/Décalé	Suite Life	Sonny Chance	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House
	551	542	65	MYM iCarly	Scorpion	Malcolm-Mid.	Hates Chris	8 Simple Rules	Things I Hate	Family Biz	To Be Indie
	570	580	29	TV The Daily Fix		Ranked!	mmtop10.ca			Behind the Music	G. Simmons
	615	520	31	A&E Criminal Minds (HDTV)		Intervention "Allison"		Intervention "Chris"		Hoarders "Trai, Jill"	Menendez
	628	584	32	SPKE UFC Unleashed		UFC Unleashed		TNA Wrestling (HDTV) (N)			MANews
	521	560	34	TLC Say Yes-Dress	Say Yes-Dress	Say Yes, Dress	Say Yes, Dress	Ultimate Cake Off		Cake Boss	Cake Boss
	146	761	35	TVS Les Carnets du bourlingueur			La Traque des Nazis		Yoyager	Urbania	TV5 Le Journal
	616	521	39	SHO Relic Hunter		The Bad Son (2007, Suspense) (HDTV) Catherine Dent.			Misfits (N)		Survivors
	620	523	40	BVO Circa		Grasslands-Heaven		Genius Within: The Inner Life of Glenn Gould (2009)			Law & Order
	520	505	42	DIS Daily Planet (N)		MythBusters		Dirty Jobs (N)		Motor City Motors (N)	Daily Planet
cable variety	575	583	43	CMC Due South		Amer. Funniest Home Videos		According-Jim	According-Jim	Bull Durham *** (1988, Romance-Comedy)	
	601	562	45	SALT Rich Poor	Rich Poor	Nearly Dead	Newlywed	Trading Spouses		Love Inc.	Love Inc.
	625	548	46	COM Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Mike Birbiglia: What I Should	Daily Show
	294	529	47	TBS Family Guy	Family Guy	House-Payne	House-Payne	Monica: Still	Monica: Still	Seinfeld	Name Is Earl
	600	564	49	H&G House Hunters	Property Virgin	For Rent	Bang, Buck	Home to Flip	Marriage	House Hunters	House Hunters
	627	528	50	SPK Stargate Atlantis (DVS)		Star Trek: Voyager		Fast *** (2006, Horror) Navi Rawat.	Krista Allen.		Stargate SG-1
	581	566	53	MTV Peak Season	Cribs	Cribs	Going Out, Him	Taking Stage	My Life as Liz	My Life as Liz	Super Sweet
	618	524	54	TROP Re-Vamped		Wipeout (N)		Wipeout (N)		Parking Wars	Parking Wars
	522	506	55	HIS (6) Dogfights		Aftermath (N)		Ancient Weather (N)		Cities of the Underworld	Producers-Badly
	129	773	60	CD Biographies "Hugh Laurie"		Les Grands Travaux		J'ai friolé la mort (HDTV)		Les Enquêtes du NCIS (HDTV)	Ondes de choc
261	394	61	TV Murder, She Wrote		Eyes Down	Wait for God	National Catholic Mission 2010	Choices-Face	Naked	Catholic	
602	567	62	W Supernanny		How Clean Is	How Clean	Love It or List It		Love It or List It	Confidential	
269	530	70	APTIN Mishkuenta	Shaputuan (N)	Tshenu		Rendez-vous sur la Lune * (1995, Fantastique) Cody Serpa.			Shaputuan	
621	527	71	FLK Look-A-Like	TMZ	The Ellen DeGeneres Show		The View (HDTV)		The Dr. Oz Show (N)	TMZ	
603	561	95	NR Ricardo	David Rocco	Best Thing	At the Table	Kitchen Nightmares	Pitchin' In	Glutton	Best Thing	

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Take Five



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4 Surprise cries
7 FDR's dog
11 Essen's river
13 "Phooey!"
14 PC picture
15 First name of 18-Across
16 Anger
17 Lascivious
18 Modernist poet
20 Otherwise
22 Youngster
24 Melted-cheese dish
28 Sleepwear
32 Exceedingly
33 Egg
34 — Kippur
36 London art gallery
37 Gold or silver
39 Yellow-orange
41 Roman magistrate
43 Sticky stuff
44 Black, in poetry
46 Light carriage
50 Options list

53 Female deer
55 — contendere
56 Culture medium
57 Very long time
58 Active one
59 Mutts
60 Single
61 Doctor's due

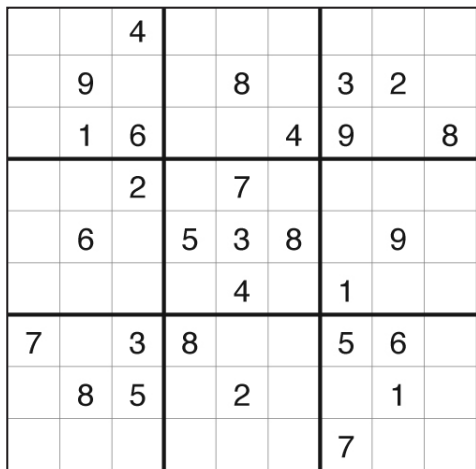
DOWN

1 Get ready, for short
2 Anise-flavored liqueur
3 From one end to t'other
4 Sapporo sash
5 Tortoise's opponent
6 Ledge
7 "HTTP Error 404" message
8 High card
9 Depressed
10 Plus
12 The unskilled
19 Poorly lit
21 Junior
23 Rotation duration
25 Cherished one
26 "Do — others ..."
27 Paradise
28 — and Circumstance"
29 State with conviction
30 Twine fiber
31 "Help!"
35 Periodical, briefly
38 High-arc shot
40 Watch chain
42 Wild West show
45 Lunchtime, maybe
47 Blunder
48 Merriment
49 Bygone times
50 Crazy
51 Id counterpart
52 Old horse
54 Compass dir.

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day



Roasted Tomato, Pepper and Chorizo Soup

INGREDIENTS:

1 red onion, with skin, quartered
2 red peppers, halved lengthwise
4 plum tomatoes, halved
2 garlic cloves, unpeeled
2 cups chicken stock
540 mL can red kidney beans, drained and rinsed
100 g chorizo, chopped
2 tsp balsamic vinegar
1/3 cup fresh basil, torn

METHOD:

1. Preheat broiler to high. Arrange onion, peppers and tomatoes on baking sheet, cut sides down, with garlic cloves.

2. Cook vegetables 6-8 minutes or until skins begin to blacken. Remove skins from onion, pepper and tomatoes, and

squeeze garlic flesh from skins.

3. Chop half of vegetables into small chunks and put remainder into blender with garlic flesh and stock. Process until smooth, then add to pot with chopped vegetables. Season soup with salt and ground black pepper.

4. Bring soup to boil, stirring occasionally. Add beans, chorizo and balsamic vinegar, cover and simmer gently 2-3 minutes. Toss basil into soup and serve.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.comFor Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20

You may be right to get angry with someone who has let you down but keep your feelings to yourself, at least for now. Don't star a war you can't win.

LIBRA

SEPT 23-OCT 23

A second opinion is a must today, especially if you are the kind of Libra who is prone to negative thinking. You don't have to suffer alone.

TAURUS

APRIL 21-MAY 21

Don't be so hard on yourself. You make mistakes like everyone else and there is no reason why you should feel bad about it.

SCORPIO

OCT 24-NOV 22

Others are so used to you acting in a predictable fashion that if you do something out of the ordinary you'll take them by surprise.

GEMINI

MAY 22-JUNE 21

Set yourself towering targets, but don't forget that to reach them you will have to take it a step at a time. What do you want most out of life?

SAGITTARIUS

NOV 23-DEC 21

Friends and relatives will appreciate it if you don't make a song and dance over minor irritations today. Make the best of what you've got.

CANCER

JUNE 22-JULY 22

Someone has been giving you a hard time and now you must stand up for yourself and tell them a few home truths.

CAPRICORN

DEC 22-JAN 20

A setback of some kind is likely over the next two or three days but it's not the end of the world so there is no need to despair.

LEO

JULY 23-AUG 23

The reason why some people are acting in a negative way towards you is because you are projecting negative signals.

AQUARIUS

JAN 21-FEB 18

You may have to turn down a social or travel invitation either today or tomorrow and you won't be too happy about it. Stay close to home.

VIRGO

AUG 24-SEPT 22

There is no point worrying about your financial situation and making yourself depressed. Chances are you are not seeing things too clearly.

PISCES

FEB 19-MARCH 20

Nothing is ever as bad as it seems and you need to keep that point in mind over the next 48 hours. Find ways to cheer yourself up.

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make every night a Tuesday night.



This day in history

1867: Queen Victoria gives Royal Assent to the British North America Act which establishes the Dominion of Canada on July 1.
1886: Dr. John Pemberton brews the first batch of Coca-Cola in a backyard in Atlanta, Ga.
1951: Ethel and Julius Rosenberg are convicted of conspiracy to commit espionage.
1973: Vietnam War: The last United States combat soldiers leave South Vietnam.
1993: Catherine Callbeck becomes premier of Prince Edward Island and Canada's first female to be elected in a general election as a premier.

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09 Dodge Avenger • Load, A/C, Auto • st: 29146 • km: 49128 \$11,850 \$103*** Bi-weekly	08 Prius Hybrid • Load, A/C, Auto • st: 28330 • km: 81618 \$18,850 \$148*** Bi-weekly	06 Lincoln Zephyr • Load, A/C, Lhr • st: 29014 • km: 56801 \$17,850 \$184*** Bi-weekly	07 BMW Z4 R3.0i Roadster • Convertible • Load, A/C • st: 29234 • km: 16307 \$33,750 \$299*** Bi-weekly	06 Honda CR-V • 4WD, Load, A/C • st: 28602 • km: 100596 \$15,450 \$159*** Bi-weekly	08 KIA Sorento • Load, A/C, Auto • st: 28495 • km: 19332 \$18,850 \$156*** Bi-weekly
07 Honda Civic • Load, A/C, Auto • st: 28865 • km: 77988 \$13,850 \$123*** Bi-weekly	09 Elantra GLS • Load, A/C, Auto • st: 28742 • km: 33159 \$13,950 \$110*** Bi-weekly	GREAT VEHICLES UNDER \$10,000		07 Matrix XR • Load, A/C, Auto • st: 26930 • km: 57850 \$14,980 \$142*** Bi-weekly	06 Nissan Murano S • AWD, Load, A/C • st: 28931 • km: 71266 \$19,950 \$206*** Bi-weekly
08 KIA Rondo EX • Load, A/C, Auto • st: 28667 • km: 44300 \$14,950 \$117*** Bi-weekly	06 Jaguar X-Type 3.0 • AWD, Load, Roof, Lhr • st: 28469 • km: 63233 \$23,870 \$246*** Bi-weekly	05 Toyota Echo • A/C, Std • st: 27361 • km: 95823 \$7,850 \$87*** Bi-weekly	05 Pontiac Montana • Load, A/C, Auto • st: 90564-B • km: 76478 \$9,450 \$105*** Bi-weekly	05 Saturn VUE V6 • Load, A/C, Auto • st: 28165 • km: 61892 \$12,650 \$130*** Bi-weekly	06 Accord SE • Load, A/C, Roof, Std • st: 29324 • km: 89471 \$12,890 \$133*** Bi-weekly
07 Mazda3 • A/C, Std • st: 29278 • km: 73424 \$10,670 \$104*** Bi-weekly	09 Grand Caravan • Slow N Go, Load, A/C • st: 29298 • km: 54737 \$16,750 \$131*** Bi-weekly	08 KIA Spectra • Load, A/C, Auto • st: 29343 • km: 61325 \$8,950 \$78*** Bi-weekly	05 Malibu MAXX LT • Load, A/C, Auto • st: 90564-B • km: 76478 \$8,950 \$100*** Bi-weekly	06 Honda Pilot EX • 4WD, Load, A/C • st: 28586 • km: 78558 \$24,850 \$256*** Bi-weekly	09 Corolla CE • A/C, Auto • st: 28910 • km: 61227 \$14,450 \$113*** Bi-weekly
07 Ford F-150 Triton • Load, A/C, Auto • st: 29320 • km: 73318 \$15,950 \$141*** Bi-weekly	10 Ford Mustang • Load, A/C, Auto • st: 29207 • km: 29348 \$22,470 \$176*** Bi-weekly	05 Sentra 1.8SE • Load, A/C, Std • st: 28269 • km: 87787 \$6,450 \$72*** Bi-weekly	06 Pontiac G6 • Load, A/C, Auto • st: 28959 • km: 71693 \$9,350 \$104*** Bi-weekly	07 Mazda CX-7 Sport • AWD, Load, A/C, Auto • st: 28707 • km: 62279 \$21,860 \$194*** Bi-weekly	05 Pathfinder • 4WD, Load, A/C, Auto • st: 28161 • km: 99339 \$18,670 \$213*** Bi-weekly
09 Nissan Versa • Load, A/C, Auto • st: 29249 • km: 55744 \$11,850 \$103*** Bi-weekly	09 Toyota Camry LE V6 • Load, A/C, Auto • st: 29293 • km: 28091 \$19,850 \$156*** Bi-weekly	08 Suzuki Swift • Auto, A/C • st: 29221 • km: 55490 \$8,950 \$78*** Bi-weekly	08 Cobalt LS • A/C, Auto • st: 29140 • km: 61031 \$8,750 \$76*** Bi-weekly	08 Santa Fe GLS • 4WD, Load, A/C, Auto • st: 28374 • km: 61951 \$20,950 \$164*** Bi-weekly	09 Lancer • Load, A/C, Auto • st: 29312 • km: 23904 \$15,650 \$123*** Bi-weekly
09 Journey SXT • Load, A/C, Roof • st: 29335 • km: 52132 \$17,890 \$140*** Bi-weekly	09 Pontiac G8 • Load, A/C, Auto, Roof • st: 29271 • km: 37198 \$22,850 \$194*** Bi-weekly	08 Hyundai Accent • Auto, A/C • st: 29194 • km: 69385 \$8,450 \$74*** Bi-weekly	05 Pontiac Wave • Load, A/C, Auto • st: 27575 • km: 74681 \$6,960 \$77*** Bi-weekly	09 Sebring • Load, A/C • st: 29244 • km: 56874 \$11,950 \$104*** Bi-weekly	09 Altima 2.5S • Load, A/C, Auto • st: 28318 • km: 32852 \$19,850 \$156*** Bi-weekly
07 Mazda5 • Load, A/C, Std • st: 29258 • km: 90347 \$11,850 \$115*** Bi-weekly	06 BMW 325 XI AWD • Load, Lhr, Auto, Roof • st: 28306 • km: 68321 \$29,950 \$309*** Bi-weekly	07 Toyota Yaris • Std • st: 29044 • km: 77412 \$8,350 \$81*** Bi-weekly	05 Saturn Relay • Load, A/C, Auto • st: 29062 • km: 77391 \$9,340 \$104*** Bi-weekly	07 Honda Fit • Load, A/C, Auto • st: 29062 • km: 77391 \$10,970 \$107*** Bi-weekly	08 Sonata • Load, A/C, Auto • st: 28354 • km: 64132 \$12,850 \$101*** Bi-weekly

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